MICRODERMABRASION POST-CARE INSTRUCTIONS*

General Information

• Makeup may be applied after the treatment if necessary.

• Skin may feel wind burned and/or tight for a day or two after treatment.

• You may experience dryness and peeling for a day or two after treatments. A gentle moisturizer should be applied as frequently as needed.

* These timelines are approximate and precautions should be extended beyond the recommended time if skin remains sensitive.

72 Hours after Treatment

• Do not use any of the following products:
  Alpha or Beta Hydroxy      Salicylic Acid/Salicylate
  Retin A                        Glycolics

• Use warm or tepid water on area treated; do not use hot water.

• Do not submerge area treated in chlorinated pool or hot tub water.

For 10-14 Days after Treatment

• Stay out of direct sunlight. If you must be outdoors, use a sunscreen. (SPF 30)

• Do not have any other skin peel, Microdermabrasion or Chemical Peel, unless you are following a specific protocol.

• Do not have waxing, Botox or Collagen treatments.

• Refrain from the use of tanning booths.

Aftercare Treatment

• Antioxidants – Apply for soothing and hydration of the skin

• Epidermal Repair – Protects skin after Microdermabrasion; soothes redness and promotes healing.