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### **MICRODERMABRASION POST-CARE INSTRUCTIONS\***

#### **General Information**

- Makeup may be applied after the treatment if necessary.
- Skin may feel wind burned and/or tight for a day or two after treatment.
- You may experience dryness and peeling for a day or two after treatments. A gentle moisturizer should be applied as frequently as needed.
- \* *These timelines are approximate and precautions should be extended beyond the recommended time if skin remains sensitive.*

#### **72 Hours after Treatment**

- Do not use any of the following products:

Alpha or Beta Hydroxy	Salicylic Acid/Salicylate
Retin A	Glycolics
- Use warm or tepid water on area treated; do not use hot water.
- Do not submerge area treated in chlorinated pool or hot tub water.

#### **For 10-14 Days after Treatment**

- Stay out of direct sunlight. If you must be outdoors, use a sunscreen. (SPF 30)
- Do not have any other skin peel, Microdermabrasion or Chemical Peel, unless you are following a specific protocol.
- Do not have waxing, Botox or Collagen treatments.
- Refrain from the use of tanning booths.

#### **Aftercare Treatment**

- Antioxidants – Apply for soothing and hydration of the skin
- Epidermal Repair – Protects skin after Microdermabrasion; soothes redness and promotes healing.